Table II. Oral medications for the treatment of HTN in children

Underlying condition/Clinical Scenario	May be beneficial	Should be avoided
Diabetes	ACE inhibitors Angiotensin receptor blockers	Beta-blockers
Asthma		Beta-blockers
Migraine headaches	Beta-blockers Calcium channel blockers	
Kidney disease, proteinuria	ACE inhibitors Angiotensin receptor blockers	
High level of physical activity and sports participation		Beta-blockers Diuretics
Sexually active female		ACE inhibitors Angiotensin receptor blockers
Obesity	ACE inhibitors Angiotensin receptor blockers	Beta-blockers Diuretics